



**GIANT STEPS SYDNEY  
2022 AUTISM SAILING REGATTA**

**FRIDAY 28 October**

# **SAILING INSTRUCTIONS**

# SAILING INSTRUCTIONS

## 1.0 RULES

- 1.1 The Race will be governed by the following;
- the Racing Rules of Sailing (RRS),
  - the Special Regulations of Australian Sailing (AS),
  - the MHYC Safety Requirements,
  - the MHYC Conditions of Entry, and by
  - this Notice of Race and the Sailing Instructions.
- 1.2 The Race will be a 'Pursuit' race with a handicapped starting sequence.
- 1.3 The Race will be categorized as 'Non Spinnaker'. No sails shall be set forward of a mast which are not normally carried forward of that mast when working to windward. Only a mainsail and headsails as defined in RRS 50.4 shall be used. Headsails shall not be set flying.
- 1.4 The attention of competitors is drawn to the MHYC Notice of Race (Sailing Handbook 2017-2018) which are referenced throughout the NoR and these SIs including their responsibilities under the applicable NSW Maritime legislation.
- 1.5 The Sailing Office of Middle Harbour Yacht Club ("MHYC") shall be the Race Committee ("RC") for the purposes of, and with, the powers and discretions contained in RRS 90.1. This amends MHYC NOR 4.2.

## 2 NOTICES TO COMPETITORS

- 2.1 Notices to Competitors will be posted on the Official Notice Board which is located in the Breezeway of the Clubhouse.

## 3 CHANGES TO THE SAILING INSTRUCTIONS

- 3.1 Changes to these Sailing Instructions, if any, will be posted not later than 2 hours prior to the warning signal of the race.

## 4 SIGNALS

- 4.1 Signals will be displayed from the MHYC Race Official's Box on the north-western perimeter of the Club premises.
- 4.2 Signals will be as follows:
- |          |                                    |
|----------|------------------------------------|
| 1320 Hrs | Course Number Displayed            |
| 1330 Hrs | Start, Count Up Sequence Commences |
- 4.3 The display of the course number and the start of the count up sequence may each be accompanied by a sound signal.
- 4.4 Information for competitors may be broadcast by the the Race Committee on VHF Channel 72.

## 5 THE COURSE

- 5.1 The Courses are those annexed to these Sailing Instructions (Annex A). A chartlet showing the approximate locations of the marks is attached (Annex B).
- 5.2 Courses may be shortened prior to the Start at the discretion of the RC. If Code Flag "S" be displayed with or prior to the display of the Course Number, the race will automatically be shortened and all yachts should proceed to the finish line after having rounded the mark indicated by an asterisk (\*).
- 5.3 Courses may be shortened at any mark in accordance with RRS 32.
- 5.4 The attention of competitors is drawn to the MHYC NOR and those areas which are designated obstructions and prohibited areas in the vicinity of the Start and Finish lines, the Gowlland Bombora and the Sow and Pigs Reef. A boat shall not sail into an area designated a prohibited area.

## 6 HANDICAP PURSUIT RACE

- 6.1 The race shall be a Handicap Pursuit Race with a Count Up start sequence.
- 6.2 A boat shall comply with the Special Regulations Part 1 for Category 7 or have a current Survey Certificate issued by NSW Roads & Maritime Services.
- 6.3 The Regatta is designated non-spinnaker, only a mainsail and headsails as defined in RRS 50.4 shall be used. Headsails shall not be set flying. (No sail shall be set forward of a point of attachment of the permanent forestay.)

- 6.4 Start numbers will be based on time correction factors (TCFs). A boat's TCF shall be determined by the RC or its nominee.
- 6.5 Boats shall notify the MHYC Sailing Office not later than 2 days prior to a race of any change, addition or alteration to a boat's hull appendages, equipment, sail inventory or skipper/crew that may affect its performance. At the discretion of the RC, a boat that fails to comply may be either disqualified after a hearing or have its results retrospectively adjusted by applying a new TCF based on the affect on the boat's performance.
- 6.6 The TCF, and a boat's start number based on it, shall not be subject to protest or constitute grounds for redress (amends RRS 60.1 and 62).
- 6.7 When only one boat starts and sails the course within the time limit, the RC shall not abandon the race (amends RRS 32).

## **7 THE START**

- 7.1 The start line is a transit formed by aligning two orange triangles located adjacent to the MHYC Race Official's Box. The transit bears approximately 065°/245° magnetic.
- 7.2 The Clubhouse Pre-Start area is defined as the area between the start line and the extension of the D-Arm outer walkway (northern marina arm). No boat shall enter the Pre-Start Area before her Preparatory Signal unless transiting the area under motor.
- 7.3 Any boat observed to breach 7.2 shall be awarded a 45% scoring penalty (SCP). This amends RRS 63.1.

## **8 THE FINISH**

- 8.1 The Finish Line is a transit formed by aligning two orange triangles located adjacent to the MHYC Race Official's Box. The transit bears approximately 065°/245° magnetic and is illuminated after dark.
- 8.2 When finishing, boats are requested to centre their mainsail in order to assist in the identification of competitors. Boats that cannot be identified will be scored 'DNF'. This amends RRS 63.1.
- 8.3 After finishing and before lowering her sails a boat shall proceed immediately to the north of the extension of the D-Arm outer walkway (northern marina arm). When returning to a berth or mooring a boat shall not cross to the south of this transit unless under motor and with her sails stowed and any boat observed to breach this shall be awarded a 45% scoring penalty (SCP). This amends RRS 63.1.
- 8.4 Boats are reminded of their obligation under RRS 23 and in particular once finishing, to keep clear of boats that are still racing. A boat that is observed to interfere with a boat still racing or with the operation of the Finish Line may be disqualified. This amends RRS 63.1.

## **9 TIME LIMITS**

- 9.1 The time limit will be 1600hrs on the day of racing.

## **10 ALTERNATIVE PENALTIES**

- 10.1 For an infringement of RRS Part 2, the Two-Turns Penalty (RRS 44.2) shall apply.
- 10.2 For an infringement of any other rule or requirement, the Scoring Penalties of RRS 44.3 shall apply. The penalty shall be computed as a percentage of the number of entries in the relevant division.

## **11 ABANDONED RACES**

- 11.1 Abandoned races will not be resailed.

## **12 RADIO COMMUNICATION**

- 12.1 Yachts shall maintain a listening watch on VHF Channel 72 for the duration of the race.
- 12.2 Skippers approaching the MHYC Marina prior to the race for guest pick-up, shall contact MHYC 'Dockmaster' on VHF Channel 73, for berthing instructions.

## **13 PRIZES**

- 13.1 Prizes shall be presented at a post-race presentation.

## 14 RESPONSIBILITY

- 14.1 Competitors participate at their own risk. Special attention is drawn to RRS Fundamental Rule 3, which states: ***“The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone”.***
- 14.2 The Organising Authority, Event Sponsors (if applicable), and their respective officers, employees, volunteers and members accept no liability for any injury, loss or damage that may be suffered by any competitor, and any liability for harm to persons that results from breach of an express or implied warranty that the MHYC Race and all services relating thereto will be conducted or rendered with reasonable care and skill is excluded.
- 14.3 Neither MHYC, nor the event sponsor (if applicable), are responsible for the seaworthiness of a boat whose entry is accepted or the sufficiency or adequacy of its equipment.

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## ANNEX A – DIVISION 1 COURSES

### Course 1

**12 miles (approx.)**

1. Start at MHYC
2. AS Mark Manly West
3. AS Mark Manly East
4. AS Mark Eastern Channel
5. AS Mark Shark Island
6. (\*) Shark Island
7. Mark Manly West
8. AS Mark Manly East
9. Finish at MHYC

### Course 2

**13.0 miles (approx.)**

1. Start at MHYC
2. AS Mark Manly West
3. AS Mark Manly East
4. AS Mark Eastern Channel
5. (\*) Clarke Island
6. Fort Denison
7. Finish at MHYC

### Course 3

**15.0 miles (approx.)**

1. Start at MHYC
2. AS Mark Shark Island
3. Shark Island
4. Fort Denison
5. AS Mark Manly West
6. (\*) AS Mark Manly East
7. AS Mark Cannae Point
8. AS Mark East Channel
9. Finish at MHYC

### Course 4

**16.0 miles (approx.)**

1. Start at MHYC
2. AS Mark Shark Island
3. Shark Island
4. Clarke Island
5. AS Mark Manly West
6. (\*) AS Mark Manly East
7. AS Mark Cannae Point
8. AS Mark Shark Island
9. Shark Island
10. Finish at MHYC

### Course 5

**15.5 miles (approx.)**

1. Start at MHYC
2. AS Mark Manly West
3. AS Mark Manly East
4. AS Mark Cannae Point
5. AS Mark East Channel
6. AS Mark Shark Island
7. Shark Island
8. (\*) Fort Denison
9. AS Mark Cannae Point
10. AS Mark East Channel
11. Finish at MHYC

### Course 6

**18.0 miles (approx.)**

1. Start at MHYC
2. AS Mark Manly West
3. AS Mark Manly East
4. AS Mark Cannae Point
5. AS Mark East Channel
6. AS Mark Shark Island
7. Shark Island
8. Fort Denison
9. AS Mark Cannae Point
10. (\*) AS Mark East Channel
11. AS Mark Shark Island
12. Shark Island
13. Finish at MHYC

**Note:** All Marks are to be rounded to Starboard

If Code Flag "S" be displayed with or prior to the display of the Course Number, yachts should proceed to the finish line after having rounded the mark indicated (\*)

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## ANNEX A – DIVISION 2 COURSES

### Course 1

9.5 miles (approx.)

1. Start at MHYC
2. AS Mark Manly West
3. AS Mark Manly East
4. (\*) AS Mark Eastern Channel
5. AS Mark Shark Island
6. Shark Island
7. Finish at MHYC

### Course 2

9.0 miles (approx.)

1. Start at MHYC
2. AS Mark Manly West
3. AS Mark Manly East
4. (\*) AS Mark Eastern Channel
5. Clarke Island
6. Finish at MHYC

### Course 3

12.0 miles (approx.)

1. Start at MHYC
2. AS Mark Shark Island
3. Shark Island
4. (\*) Fort Denison
5. AS Mark Manly West
6. AS Mark Manly East
7. Finish at MHYC

### Course 4

18.0 miles / 12.0 miles (approx.)

1. Start at MHYC
2. AS Mark Shark Island
3. Shark Island
4. Clarke Island
5. (\*) Fort Denison
6. AS Mark Manly West
7. AS Mark Manly East
8. AS Mark Cannae Point
9. Finish at MHYC

### Course 5

11.5 miles (approx.)

1. Start at MHYC
2. AS Mark Manly West
3. AS Mark Manly East
4. AS Mark Cannae Point
5. (\*) AS Mark East Channel
6. Fort Denison
7. Finish at MHYC

### Course 6

15.0 miles (approx.)

1. Start at MHYC
2. AS Mark Manly West
3. AS Mark Manly East
4. AS Mark Cannae Point
5. AS Mark East Channel
6. (\*) Fort Denison
7. AS Mark Cannae Point
8. AS Mark East Channel
9. Finish at MHYC

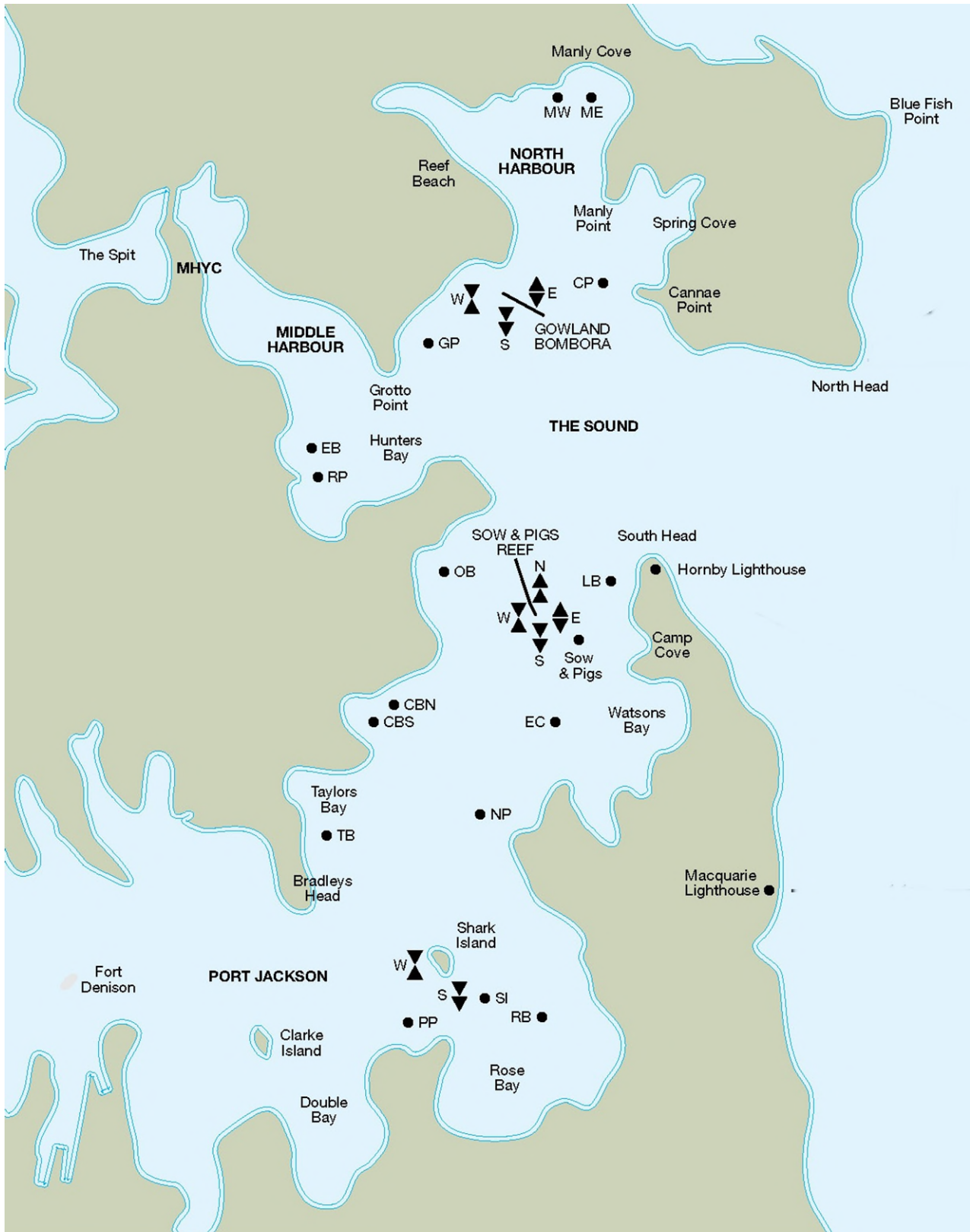
**Note:** All Marks are to be rounded to Starboard

If Code Flag "S" be displayed with or prior to the display of the Course Number, yachts should proceed to the finish line after having rounded the mark indicated (\*)

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## ANNEX B – MHYC COURSE CHARTLET



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### ANNEX C – MHYC MARINA MAP

